| | | OA books, packets, pamphlets & pocket guides, medallions.<br>AA books | as of Dec 2018 CA$ | |
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| QTY | Item # | OA Books | Price | Cost |
| | 994 | Abstinence, 2nd ed. | 20.00 | |
| | 998 | Beyond Our Wildest Dreams | 17.00 | |
| | 984 | For Today | 17.00 | |
| | 974 | For Today Workbook | 22.00 | |
| | 490 | I Put My Hand in Yours (Red Book) | 9.00 | |
| | 982 | Lifeline Sampler Stories from Lifeline | 19.00 | |
| | 980 | Overeaters Anonymous, 3rd ed., 2014 | 25.00 | |
| | 980 | Overeaters Anonymous, 2nd ed., 2001 | 23.00 | |
| | 980 | Overeaters Anonymous [1st ed.], 1980 | 12.00 | |
| | 978 | Seeking the Spiritual Path | 16.00 | |
| | 970 | Taste of Lifeline | 23.00 | |
| | 485 | Twelfth-Step Within Handbook | 10.00 | |
| | 990 | Twelve Steps and Twelve Traditions of Overeaters Anonymous [1st ed.], 1990 | 16.00 | |
| | 990-P | Twelve Steps and Twelve Traditions of Overeaters Anonymous [1st ed.], 1990, Pocket ed. | 10.00 | |
| | 990-2 | Twelve Steps and Twelve Traditions of Overeaters Anonymous, 2nd ed., 2018 | 24.00 | |
| | 992 | Twelve Step Workbook of Overeaters Anonymous [1st ed.] | 15.00 | |
| | 992 | Twelve Step Workbook of Overeaters Anonymous, 2nd ed., 2018 | 22.00 | |
| | 960 | Twelve Step Workshop and Study Guide (spiral bound) | 27.00 | |
| | 987 | Voices of Recovery | 15.00 | |
| | 996 | Voices of Recovery Workbook | 22.00 | |
| | | **AA BOOKS** | | |
| | A1 | Alcoholics Anonymous aka The Big Book | 16.50 | |
| | A2 | As Bill Sees It | 10.50 | |
| | A3 | Twelve Steps and Twelve Traditions | 11.00 | |
| | | **OA Packets** | | |
| | 725 | Anorexia and Bulimia, Focus on | 4.00 | |
| | 730 | New Group Starter Kit | 15.00 | |
| | 710K | Newcomer | 5.00 | |
| | 210 | Sponsorship | 5.00 | |
| | 721 | Welcome Back - We Care | 2.00 | |

Please make cheques out to VIIG Literature. Prices subject to change due to exchange rate, shipping and customs charges.

| QTY | Item# | Pamphlets | Price |
|---|---|---|---|
| | 751 | About OA - (pkg of 20) | 0.40 |
| | 390 | Anonymity | 2.00 |
| | 150 | Before You Take That First Bite | 0.40 |
| | 141 | Commitment To Abstinence | 0.80 |
| | 265 | Common Solution - Diversity & Recovery | 2.00 |
| | 320 | Compulsive Overeating: An Inside View | 0.40 |
| | 140 | Dignity of Choice | 1.50 |
| | 755 | Fifteen Questions | 0.30 |
| | 491 | Fourth-Step Inventory guide, 38 p. | 9.00 |
| | 200 | Guide For Sponsors | 1.50 |
| | 180 | If GOD Spoke To OA | 0.40 |
| | 753K | Introducing OA to Health Care Professionals | 0.30 |
| | 780 | Introducing OA to The Clergy | 0.40 |
| | 750 | Is Food a Problem for You? | 0.40 |
| | 310 | Maintaining A Healthy Weight | 1.00 |
| | 106K | Many Symptoms | 0.40 |
| | 400 | Members in Relapse | 1.00 |
| | 570 | OA Guidelines | 5.00 |
| | 120 | OA Handbook | 5.50 |
| | 110 | OA Members Come in All Sizes | 2.50 |
| | 145 | Plan of Eating | 1.00 |
| | 130 | Program of Recovery | 0.80 |
| | 105 | Recovery Checklist | 0.40 |
| | 220 | Sponsoring Through the Twelve Steps | 1.50 |
| | 250 | To Parents & Concerned Adults | 0.60 |
| | 240 | To The Family of the C.O. | 0.50 |
| | 290 | To the Man Who Wants to Stop Eating Compulsively | 0.80 |
| | 270 | To The Newcomer | 0.80 |
| | 280 | To The Teen | 0.80 |
| | 160 | Tools Of Recovery | 0.60 |
| | 485 | Twelfth Step Within, 38 p. | 10.00 |
| | 330 | Twelve Concepts of OA | 2.00 |
| | 230 | Twelve Traditions of OA | 1.00 |
| | 190 | Welcome Back | 0.40 |

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| QTY | Item# | **Pocket guides** | Price | |
| | 425 | Carrying the Message: pocket guide | 0.80 | |
| | 437K | I put my hand in yours: wallet guide (pkg. of 30) | 3.00 | |
| | 410 | Just For Today: pocket guide | 0.80 | |
| | 450K | New Prospect: wallet card (pkg. of 30) | 3.00 | |
| | 430K | One Day at a Time: wallet card (pkg of 30) | 3.00 | |
| | 435 | Pocket Reference: pocket guide | 0.80 | |
| | 415 | Strong Abstinence Checklist & Writing: pocket guide | 0.50 | |
| | 109 | Think First: pocket guide | 0.40 | |
| | 420 | Twelve Stepping a Problem: pocket guide | 0.50 | |
| | 445 | Twelve Traditions: pocket guide | 0.80 | |
| | | **Medallions** | | |
| | 470 | Serenity Prayer Coin | 0.75 | |
| | 470K | Serenity Prayer Coin (pack of 25) | 14.00 | |
| | 480 | Recovery Medallion: mark special occasions with this nickel-silver medallion with antiqued finish | 11.00 | |
| | 560 | Newcomer Welcome Coins | 0.75 | |
| | 560K | Newcomer Welcome Coins (pack of 25) | 14.00 | |
| | 552 | 30-Day Recovery Coin - Red | 1.50 | |
| | 552K | 30-Day Recovery Coin (pack of 25) | 31.00 | |
| | 553 | 60-Day Recovery Coin - Blue | 1.50 | |
| | 553K | 60-Day Recovery Coin (pack of 25) | 31.00 | |
| | 554 | 90-Day Recovery Coin - Green | 1.50 | |
| | 554K | 90-Day Recovery Coin (pack of 25) | 31.00 | |
| | 555 | 6 Months Recovery Coin - Copper | 1.50 | |
| | 555K | 6 Months Recovery Coin (pack of 25) | 31.00 | |
| | 556 | 9 Months Recovery Coin - Purple | 1.50 | |
| | 556K | 9 Months Recovery (pack of 25) | 31.00 | |
| | Various | Anniversary Medallions: choose years 1-20, 25, 30, 35, 40 | 4.50 | |
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