

OA books, packets, pamphlets & pocket guides, medallions. AA books			as of Feb 2019 CA\$	
QTY	Item #	OA Books	Price	Cost
	994	Abstinence, 2nd ed.	20.00	
	998	Beyond Our Wildest Dreams	17.00	
	984	For Today	17.00	
	974	For Today Workbook	22.00	
	490	I Put My Hand in Yours (Red Book)	9.00	
	982	Lifeline Sampler Stories from Lifeline	19.00	
	980	Overeaters Anonymous, 3rd ed., 2014	25.00	
	980	Overeaters Anonymous, 2nd ed., 2001	23.00	
	980	Overeaters Anonymous [1st ed.], 1980	12.00	
	978	Seeking the Spiritual Path	16.00	
	970	Taste of Lifeline	23.00	
	485	Twelfth-Step Within Handbook	10.00	
	990	Twelve Steps and Twelve Traditions of Overeaters Anonymous [1st ed.], 1990	16.00	
	990-P	Twelve Steps and Twelve Traditions of Overeaters Anonymous [1st ed.], 1990, Pocket ed.	10.00	
	990-2	Twelve Steps and Twelve Traditions of Overeaters Anonymous, 2nd ed., 2018	24.00	
	992	Twelve Step Workbook of Overeaters Anonymous [1st ed.]	15.00	
	992	Twelve Step Workbook of Overeaters Anonymous, 2nd ed., 2018	22.00	
	960	Twelve Step Workshop and Study Guide (spiral bound)	27.00	
	987	Voices of Recovery	15.00	
	996	Voices of Recovery Workbook	22.00	
AA BOOKS				
	A1	Alcoholics Anonymous aka The Big Book	16.50	
	A2	As Bill Sees It	10.50	
	A3	Twelve Steps and Twelve Traditions	11.00	
OA Packets				
	725	Anorexia and Bulimia, Focus on	4.00	
	730	New Group Starter Kit	15.00	
	710K	Newcomer	5.00	
	210	Sponsorship	5.00	
	721	Welcome Back - We Care	2.00	
Please make cheques out to VIIG Literature. Prices subject to change due to exchange rate, shipping and customs charges.				

QTY	Item#	Pamphlets	Price	
	751	About OA - (pkg of 20)	0.40	
	390	Anonymity	2.00	
	150	Before You Take That First Bite	0.40	
	141	Commitment To Abstinence	0.80	
	265	Common Solution - Diversity & Recovery	2.00	
	320	Compulsive Overeating: An Inside View	0.40	
	140	Dignity of Choice	1.50	
	755	Fifteen Questions	0.30	
	491	Fourth-Step Inventory guide, 38 p.	9.00	
	200	Guide For Sponsors	1.50	
	180	If GOD Spoke To OA	0.40	
	753K	Introducing OA to Health Care Professionals	0.30	
	780	Introducing OA to The Clergy	0.40	
	750	Is Food a Problem for You?	0.40	
	310	Maintaining A Healthy Weight	1.00	
	106K	Many Symptoms	0.40	
	400	Members in Relapse	1.00	
	570	OA Guidelines	5.00	
	120	OA Handbook	5.50	
	110	OA Members Come in All Sizes	2.50	
	145	Plan of Eating	1.00	
	130	Program of Recovery	0.80	
	105	Recovery Checklist	0.40	
	220	Sponsoring Through the Twelve Steps	1.50	
	250	To Parents & Concerned Adults	0.60	
	240	To The Family of the C.O.	0.50	
	290	To the Man Who Wants to Stop Eating Compulsively	0.80	
	270	To The Newcomer	0.80	
	280	To The Teen	0.80	
	160	Tools Of Recovery	0.60	
	485	Twelfth Step Within, 38 p.	10.00	
	330	Twelve Concepts of OA	2.00	
	230	Twelve Traditions of OA	1.00	
	190	Welcome Back	0.40	
NEW!	705	Where do I start? Everything a Newcomer needs to know NEW!	1.80	
		Please make cheques out to VIIG Literature. Prices subject to change due to exchange rate, shipping and customs charges.		

QTY	Item#	Pocket guides	Price
	425	Carrying the Message: pocket guide	0.80
	437K	I put my hand in yours: wallet guide (pkg. of 30)	3.00
	410	Just For Today: pocket guide	0.80
	450K	New Prospect: wallet card (pkg. of 30)	3.00
	430K	One Day at a Time: wallet card (pkg of 30)	3.00
	435	Pocket Reference: pocket guide	0.80
	415	Strong Abstinence Checklist & Writing: pocket guide	0.50
	109	Think First: pocket guide	0.40
	420	Twelve Stepping a Problem: pocket guide	0.50
	445	Twelve Traditions: pocket guide	0.80
		Medallions	
	470	Serenity Prayer Coin	0.75
	470K	Serenity Prayer Coin (pack of 25)	14.00
	480	Recovery Medallion: mark special occasions with this nickel-silver medallion with antiqued finish	11.00
	560	Newcomer Welcome Coins	0.75
	560K	Newcomer Welcome Coins (pack of 25)	14.00
	552	30-Day Recovery Coin - Red	1.50
	552K	30-Day Recovery Coin (pack of 25)	31.00
	553	60-Day Recovery Coin - Blue	1.50
	553K	60-Day Recovery Coin (pack of 25)	31.00
	554	90-Day Recovery Coin - Green	1.50
	554K	90-Day Recovery Coin (pack of 25)	31.00
	555	6 Months Recovery Coin - Copper	1.50
	555K	6 Months Recovery Coin (pack of 25)	31.00
	556	9 Months Recovery Coin - Purple	1.50
	556K	9 Months Recovery (pack of 25)	31.00
	Various	Anniversary Medallions: choose years 1-20, 25, 30, 35, 40	4.50
		Please make cheques out to VIIG Literature. Prices subject to change due to exchange rate, shipping and customs charges.	