

| Victoria | | | | |
|-------------------------|------------------|---|--|---|
| Mon | 7:15-8:15 pm | Franciscan Friary 1076 Joan Crescent | Lauren 250-415-7178 | Step Study |
| Tues | 5:00-6:00 pm | #103 - 904 Hillside Ave. Press code 4784 | Joy 250-386-4784 | H.O.W. |
| Tues, Wed & Thurs | 12:00-12:45 pm | St Andrew's Presbyterian Church 680 Courtney Street | Lorraine 250-386-1238 | Kirk Hall Ring the bell to enter building. |
| Thurs | 7:00 - 8:00 pm | Victoria General Hospital Cafeteria Room 1814 | Julie 250-388-4161 | H.O.W. everyone welcome meeting madrona623@gmail.com |
| Fri | 5:00-6:00 pm | 3027 Henderson Road | Loretta 250-592-6705 | H.O.W |
| Sat | 10:30 - 11:30 am | Victoria Health Unit, 1947 Cook Street | Patty C. 250-386-1192. | Love in Action & Newcomer meeting. Sorry, no pets, babies or children please |
| Sun | 5:00-6:00 pm | Near Jubilee Hospital. Phone ahead for address. | Jayne 250-598-7707 | H.O.W |
| Sun | 1:30-2:30 pm | 102 Meadow Park Lane | Julie 250-388-4161 | madrona623@gmail.com |
| Duncan | | | | |
| Thurs | 7:00 - 8:00 pm | New Life Church 1839 Tzouhalem Road | Orlando 250-732-6450 | Call to confirm location. |
| Nanaimo | | | | |
| Mon | 5:30-6:30 pm | VIHA Mental Health & Addictions Services Building 3151 Barons Road | Raelyn 250-753-7241 | OA Steps and Traditions Study OA12x12@gmail.com |
| Thurs | 6:00-7:00 pm | Community Services Bldg 285 Prideaux Street Room 305 | Janice 250-714-0400 | Southwinds Nanaimo Steps, Traditions, Topics meeting. southwindsnanaimo@gmail.com |
| Sat | 10:00-11:00 am | VIHA Mental Health & Addictions Services Bldg 3151 Barons Road | | Into the Light oanaimo@gmail.com |
| Parksville | | | | |
| Tues | 7:30 - 8:30 pm | Knox United Church 345 Pym Street -Room 5 | Lorri B. 250-248-2582 | Step & Tradition |
| Thurs | 10:30 - 11:30am | Knox United Church 345 Pym Street - Room 5 | Jan 250-586-1615 | Topic Meeting |
| Courtenay | | | | |
| Fri | 6:00-7:00 pm | Alano Club 543 6th Street | Maureen 250-897-8327 Brittany 250-792-4244 Abigail 250-650-9543 | Due to room availability, the Wed night OA meeting has been switched to this new date and time. oacourtenay@gmail.com |
| Campbell River | | | | |
| Mon | 7:30 - 8:30 pm | The Alano Club 30 10th Avenue | Katie 250-850-4032 | |
| Port Alberni | | | | |
| Wed | 6:30 - 7:30 pm | Alano Club 3028 2nd Avenue | Jane 250-913-0319 | |
| Hornby Island | | | | |
| | | | Petra 250-208-2899 | No regular meeting but for a spontaneous meeting contact Petra. |
| Port Hardy | | | | |
| | | | Anne 250-230-1673 | No regular meeting but for a spontaneous meeting contact Anne. |